
















Specimen Guide

Women's Health

Test Requested	Specimen Types Accepted			Maximum Stability	Turnaround Time
	Blood / Serum	Buccal Swab	Mouthwash		
preparent[®] carrier test Trio, Core, Select, Standard, Global, Global+, Ashkenazi Jewish, single genes (genotyping)				5 days ambient / 10 days refrigerated	7 days [‡]
Hemoglobinopathy Evaluation (hemoglobin electrophoresis and RBC indices)		Performed separately from DNA carrier tests. Additional tube required.		5 days ambient / 10 days refrigerated	7 days
Tay-Sachs Disease Enzyme Analysis (Hexosaminidase A)		Performed separately from DNA carrier tests. Additional tube required.		2 days ambient Same-day pickup REQUIRED No Saturday draws	10 - 14 days
preparent[®] exon carrier test Exon Trio, Exon Select, Exon Standard, Ashkenazi Jewish, Exon, Exon Global				5 days ambient / 10 days refrigerated	14 - 17 days
Single genes (exon)				5 days ambient / 10 days refrigerated	14 - 21 days
innatal[®] prenatal screen				5 days ambient / do not refrigerate	5 - 7 days
serum screening First Trimester Screen Requires nuchal translucency ultrasound Second Trimester Quad Screen Open Neural Tube Screen (AFP)		Allow specimen to clot for 15 - 30 minutes; centrifuging to separate serum is recommended.		5 days ambient / 7 days refrigerated	7 - 10 days
riscover[®] hereditary cancer				5 days ambient / 10 days refrigerated	2 - 3 weeks after prior authorization
products of conception		Maternal blood and tissue sample required (see specimen kit).		Same-day pickup recommended Refrigerate specimens	7 - 10 days

‡ For Fragile X results in females with 55 - 90 CGG repeats, AGG interruption analysis requires an additional two weeks following the initial result.