### Specimen Guide

#### Women’s Health

**Test Requested** | **Specimen Types Accepted** | **Maximum Stability** | **Turnaround Time**
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**preparent**<sup>®</sup> carrier test | Blood / Serum | 5 days ambient / 10 days refrigerated | 14 – 17 days
Exon | Buccal Swab | 5 days ambient / 10 days refrigerated | 10 – 14 days<sup>‡</sup>
Standard | Mouthwash | Additional tube required only for optional Tay-Sachs Hexosaminidase A enzyme analysis. | 2 days ambient Same-day pickup REQUIRED. No Saturday draws
Global | | | |
Global+ | | | |
**Trio** | | | |
Cystic Fibrosis | | | |
Spinal Muscular Atrophy | | | |
Fragile X | | | |
**XY Fetal Sex Option**<sup>†</sup> | | | |
10 weeks’ gestation or later. Available with Preparent Trio, Standard, Global, and Global+ | | | |
**Hemoglobin Evaluation**<sup>†</sup> | | | |
Alpha-Thalassemia (DNA analysis) | | | |
Beta-Thalassemia (Full-gene sequencing) | | | |
**innatal**<sup>®</sup> prenatal screen | | | |
**serum screening**<sup>®</sup> | | | |
First Trimester Screen | | | |
Requires nuchal translucency ultrasound | | | |
Second Trimester Quad Screen | | | |
Open Neural Tube Screen (AFP) | | | |
**riscover**<sup>®</sup> hereditary cancer | | | |
**products of conception**<sup>®</sup> | | | |
Maternal blood and tissue sample required (see specimen kit). | | | |
**Blood**<sup>†</sup> | | Same-day pickup recommended Refrigerate specimens | 7 – 10 days
| | **Serum** | |
| 4 mL lavender-top EDTA tube | | |
8.5 mL yellow-top ACD tube | | |
10 mL black-and-tan-top Streck tube | | |
| | **Other** | |
| 5 mL mouthwash (see kit instructions) | | |
| Epicentre® buccal swab (see kit instructions) | | |
| ORAcollect® buccal swab (see kit instructions) | | |

<sup>†</sup> Receipt of a blood specimen is required to perform hemoglobin evaluation and Hexosaminidase A enzyme analysis for Tay-Sachs disease. DNA analysis for hemoglobinopathies and Tay Sachs disease will be performed on all specimen types.

<sup>‡</sup> For Fragile X results in females with 55 – 90 CGG repeats, AGG interruption analysis requires an additional two weeks following the initial result.

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