

About this test

This test tells you if you're a carrier of a genetic disease.

Being a carrier means one of your genes has a change, and it doesn't work. Carriers of a disease are often healthy but can have a child with the disease.

Preparent Exon Trio tests for cystic fibrosis, fragile X syndrome*, and spinal muscular atrophy.

- ▶ These diseases were chosen because they have harmful health effects.
- ▶ These effects often start at a young age and do not have a cure.
- ▶ Having a child with one of these diseases can happen to anyone, no matter your health, age, ethnicity, or family history.

*Fragile X syndrome is not tested in males.

Limitations

- ▶ Negative results do not guarantee a healthy pregnancy or baby. These tests look for specific changes to your genes. Changes not targeted by these tests will not be detected.
- ▶ False positive, false negative, and failed results are rare, but can happen.

Your privacy is protected

- ▶ We keep your results and information private. We only send results to the ordering provider, unless you give us permission to send elsewhere. You can contact us for a copy of your results.
- ▶ No other clinical test is performed or reported on a sample, unless ordered by a provider. We may contact a provider to obtain follow-up information. This is a normal lab practice and required in several states.
- ▶ Only anonymous samples and data are used for lab quality and data sharing programs. These are normal lab practices. We destroy samples received from New York State within 60 days after testing.

What test results mean



Positive (abnormal) results

mean that you are a carrier for one (or more) of the genetic diseases tested. Your risk to have a child with these diseases is **higher** than most other people. Follow-up testing may be recommended.



Negative (normal) results

mean that you are not a carrier for any of the gene changes tested. Your risk to have a child with these diseases is **lower** than most other people.

Benefits

- ▶ Finding out these results will help you understand your risk to have a baby affected with the diseases tested.
- ▶ Negative results are reassuring. Positive results let you and your provider determine the next steps for the identified risk(s).

Before signing this form, I had the chance to talk about this test with my healthcare provider or someone he/she chose, and genetic counseling has been recommended before and after testing. My questions have been answered and I have all of the information that I need to decide. I understand that this test is voluntary. I have decided that:

▶ Preparent[®] Carrier Test

- Yes, I want to receive the **Preparent[®] Carrier Test - Exon Trio**.
- No, I do not want to receive the **Preparent[®] Carrier Test - Exon Trio**.

PATIENT NAME (please print)

DATE OF BIRTH

PATIENT SIGNATURE

DATE

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