

About these tests

These tests tell you if your baby is at risk for certain genetic diseases. Genetic diseases are caused by changes to a person's genes or chromosomes, which are made of DNA.

The Preparent Carrier Test tells you if you're a carrier of a genetic disease.

Being a carrier of a genetic disease means there is a change to one of your genes, and it doesn't work. This test looks at your genes to find out if you are a carrier of certain genetic diseases and at risk to have an affected baby. Your healthcare provider will recommend which ones to test, based on a few factors.

The Innatal Prenatal Screen tells you if your baby may have a chromosomal disease.

Chromosomal diseases are a type of genetic disease caused by having an extra or missing chromosome. This test tells you if your baby is at risk for trisomy 21 (Down syndrome), trisomy 18, and trisomy 13. Other diseases may be tested at the request of your provider.

The diseases on both tests were chosen because they have harmful health effects that often start at a young age and do not have a cure. Having a baby with one of these diseases can happen to anyone regardless of age, ethnicity, or family history.

What test results mean



Positive (abnormal) results

mean that your baby's risk to have a certain genetic disease is higher than most other babies. Follow-up testing may be recommended.



Negative (normal) results

mean that your baby's risk to have the diseases tested is low, but not zero.

Benefits

- ▶ Finding out these results will help you understand your baby's risk to have the diseases tested.
- ▶ Negative results are reassuring. Positive results let you and your provider determine the next steps for the identified risk(s).

Limitations

- ▶ Negative results do not guarantee a healthy pregnancy or baby. These tests look for specific changes to certain chromosomes and genes. Changes not targeted by these tests will not be detected.
- ▶ False positive, false negative, and failed results are rare, but can happen.

Your privacy is protected

- ▶ We keep your results and information private. We only send results to the ordering provider, unless you give us permission to send elsewhere. You can contact us for a copy of your results.
- ▶ No other test will be performed or reported on your sample, unless ordered by your provider. Samples received from New York State will be destroyed within 60 days after testing.
- ▶ We may contact your provider to obtain follow-up information after your test is complete. This is a standard lab practice, and is required in several states.

Before signing this form, I had the chance to talk about this test with my healthcare provider or someone he/she chose, and genetic counseling has been recommended before and after testing. My questions have been answered and I have all of the information that I need to decide. I understand that this test is voluntary. I have decided that:

▶ Preparent[®] Carrier Test

- Yes, I want to receive the **Preparent[®] Carrier Test**.
- No, I do not want to receive the **Preparent[®] Carrier Test**.

▶ Innatal[®] Prenatal Screen

- Yes, I want to receive the **Innatal[®] Prenatal Screen**.
- No, I do not want to receive the **Innatal[®] Prenatal Screen**.

PATIENT NAME *(please print)*

DATE OF BIRTH

PATIENT SIGNATURE

DATE